

HONOR

Week 4

Honor

Honoring all people because they are made in
God's image

How's It Going?

Honor Week 4

The 3 Gets

- Get up 45 minutes before everyone else
- Get dressed and put on make up
- Get dinner started

Japan Weekly Game Plan

Honor Week 4

- **Some history**
- **Some cooking**
- **Some animals**
- **Some plants**
- **Some products**
- **Some culture**
- **Some arts and crafts**
- **Some holidays**

Objectives

Honor Week 4

General Objectives

- To honor other cultures
- To study about the people and traditions of Japan
- To learn about the geography of Japan

Specific Objectives

- To cook and eat the foods of Japan
- To learn about the Emperor of Japan
- To make Japanese costumes
- To learn about Japanese houses
- To practice martial arts

Permission Slip

Permission Coupon

Free pass to skip one activity
or other assignment
(Feel free to copy as often as needed)

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Are You Listening?

Honor Week 4

**I really mean you have
permission to skip
activities!!!! Really!!!!**

**NONE of this is on the
SAT!!!**

Alert!!!

Honor Week 4

Immediate Action!!!

For Japan Weeks 2 and 3:

- **Tea-oolong, black, green**
- **Tea Ceremony supplies**
- **Ninja costume**
- **Origami paper**
- **Geisha supplies - lipstick, make up, white talcum, powder, hair combs, chop sticks, flowers for hair**
- **Doll Day supplies - red fabric to cover 7 stairs or shelves, 15 dolls and doll furniture, kimono**
- **Difficult sushi supplies - seaweed (nori) and rolling mat**
- **Plastic Easter eggs**
- **Bamboo for New Years decoration**
- **4 stackable boxes for New Years food**

Alert!!!

Honor Week 4

Immediate Action!!!

For upcoming Japan Unit look for:

- **Bonsai tree field trip**
- **Benihana-type restaurant**
- **Japanese missionary, student, citizen to tell about Japan**
- **Japanese garden**
- **Hot tub**

Alert!!!

Honor Week 4

Immediate Action!!!

For upcoming Orderliness Unit:

Tons of different animal pictures, stuffed animals, animal figurines, etc. to sort

Where Do I Find Supplies?

Honor Week 4

- Garage sales
- World Market, Pier One, Hobby Lobby, Michael's, party store
- Borrow from church people, friends, martial arts people
- Use what you have
- **SUBSTITUTE**

Weekly Supplies

Honor Week 4

MAP AND FLAG:

- Map of Japan
- White paper
- Red marker or paint
- Calculator for comparing populations

WON TON COOKING:

- Filling
- Won ton wraps
- Water, butter or lightly beaten eggs
- Oil for frying
- Bowls and soup spoons

EMPEROR'S CORONATION:

- Sword, mirror, and jewel

Weekly Supplies

Honor Week 4

CLOTHING:

- Bathrobes with ties or martial arts *gehi*
- Man's short sleeve shirt for little kimono
- Flip-flops and white socks
- Long pieces of fabric (1 foot wide) for *obi*
- Card board to stiffen obi
- Black sock cap and cardboard for *kammuri*
- Swords
- Parasols/umbrella
- Fans
- Slippers
- Silk

Weekly Supplies

Honor Week 4

NETSUKE AND INRO SUPPLIES:

- Small box
- Cord
- Paint
- Glue
- Modeling clay, knob, or rock

SCROLL SUPPLIES:

- Long white paper to make a scroll
- Black ink, water color paint or acrylic paint very watered down OR black markers
- Paint brush with a fine point
- Pictures of subject matter...animal, plant, fish, etc.

Weekly Supplies

Honor Week 4

HOUSE:

SCREEN SUPPLIES:

- Poster board for 6 panels 9"x19"
- Ruler
- Craft knife or scissors
- Paints and paint brushes
- Pencil
- Masking tape

TATAMI SUPPLIES:

- Fabric to make several 3'x6' tatami mats OR sheets or blankets folded under and masking taped to the correct size to create tatami mats

Weekly Supplies

Honor Week 4

CARP:

- thin white paper
 - markers
 - scissors
 - glue
 - string
 - 6" to 8" flexible wire
- OR
- strip of cardboard

KARATE HEADBAND:

- Red and black markers
- White strips of fabric
- Examples of Japanese characters

SUMO:

- Towel
- Belt
- Masking tape
- Measuring tape
- Topknot

Weekly Supplies

Honor Week 4

WOK COOKING:

- Wok or skillet
- Wooden spoons
- Oil
- Shrimp, chicken, or beef
- Zucchini, broccoli, carrots, peas
- Mushrooms
- Bean sprouts
- Green onions
- Canned pineapple
- Rice or noodles
- Soy sauce, lemon, salt and pepper
- Bowls and chopsticks

Bible Verse

Honor Week 4

The stranger who resides with you shall be to you as the native among you, and you shall love him as yourself; for you were aliens in the land of Egypt; I am the Lord your God.

Lev 19:34

Book Titles Do Not Matter!!!!

Honor Week 4

- **In my library:**
 - Japanese fairytales are 398.20952**
 - Japanese general info and history are 952**
 - Japanese crafts are 745.0952**
 - Japanese cooking is 641.5952**
- **The literature, easy readers/picture books, and biographies are located in separate sections.**
- **Remember...what ever books you end up with, those are the exact books the Lord wants you to have to teach the unit. If you only have a few, too many might have been overwhelming.**

Focus Books

Honor Week 4

Read Aloud:

The Cat Who Went to Heaven, by Elizabeth Coatsworth

Information:

Exploration into Japan, by Richard Tames

Japan: Modern Nation of the World series, by Patricia Netzley

Japan: Enchantment of the World, by Ann Heinrichs

Crafts:

Traditional Crafts from Japan, by Florence Temko

Old Japan: Make it Work series, by Andrew Haslam and Clare Doran

Step into Ancient Japan, by Fiona Macdonald

Focus Books

Honor Week 4

Festivals:

A Year of Japanese Festivals, by Sam and Beryl Epstein

Easy Readers:

Black Belt, by Matt Faulkner

A Carp for Kimiko, by Virginia Kroll

The Bicycle Man, by Allen Say

Fairytales:

3 Samurai Cats, by Eric A. Kimmel

A Thousand and One Buddhas, by Louise & Richard Floethe

Focus Books

Honor Week 4

Fairytales (cont'd)

The Tale of the Mandarin Ducks, by Leo
and Diane Dillon

Shibumi and the Kitemaker, Mercer Mayer

The Silver Charm, by Robert D. San Souci

The Golden Crane, by Thor Yamaguchi

Bamboo Hats and Rice Cakes, by Ann
Rampert

Tasty Baby Belly Buttons, by Judy Sierra

Kogi's Mysterious Journey by Elizabeth
Partridge

The 2 Bullies, by Junko Morimoto

Writing Assignment

Honor Week 4

- **Y** Tell about a Japanese house or Japanese clothing.
- **M** Write about a Japanese house or Japanese clothing.
- **O** Write a paper comparing a octopus to a squid OR on the forming and destructive power of a tsunami.

Timeline Characters

Honor Week 4

Vocabulary

Honor Week 4

Geography Words:

Hokkaido

Honshu (main island)

Tokyo (Edo), Kyoto,

Hiroshima, Osaka

Kyushu

Nagasaki

Shikoku

Mt. Fuji

“Land of the Rising Sun”

Geology Words:

earthquakes

fault

plate movements

Ring of Fire

tsunamis

volcanoes

Vocabulary

Honor Week 4 (cont'd 2)

History Words:

Emperor Period

emperor

samurai

myth

Amaterasu (Sun
goddess)

Ninigi (Son of sun
goddess)

Clothing Words:

kimono

obi (woman's big sash)

geta (wooden flip-flops)

tabi (2-toed white socks)

slippers (worn inside)

kammuri (noble man's hat)

netsuke (small toggles
attached to belt)

inro (boxes attached to
netsuke)

silk

Vocabulary

Honor Week 4 (cont'd 3)

House Words:

Futon (bed)

Fusuma (paper doors)

Tatami mats (straw or
rush mats 3'x6')

Wooden chest of
drawers

Paper lanterns

Screens

Hanging scrolls

Tokonoma (alcove with
raised floor)

Low eating-table

Cushions

Veranda

Large overhanging
roofs

House raised 2 feet
above ground

Single story

Vocabulary

Honor Week 4

Animal Words:

Mandarin duck

squid

octopus

carp

Food Words:

won ton

chopsticks

wok

stir fry

soy sauce

Martial Arts:

karate

judo

kendo

sumo

General Words:

"pushers-in"

subway

bullet train

ama divers

Boys' Day

Involve Children

Honor Week 4

- **Read lesson plans to your children.**
- **Discuss the supplies for each activity.**
- **Consider substitute supplies.**
- **Collect supplies for activities.**

Activities

Honor Week 4

Monday

Make a map of Japan and note the four main islands.

Compare the population to the US population.

Dramatize the "pushers-in" on the Japanese subway.

Make a Japanese flag.

Make won ton soup.

Read about Japanese history during the Emperor Period.

Dramatize what is given the Japanese Emperor when he comes to the throne.

General Information

Honor Week 4

- 127 million people (1/2 of US population) in area of CA
- 8 million people in Tokyo
- Bullet Trains
 - Carry 12 million people daily
 - Run between Tokyo, Kyoto, Osaka, other cities
 - 180 mph
- Subway in cities
 - Riders often lose shoes
 - "Pushers in" wear white gloves
 - Windows may pop from people pressure
- More daily newspapers sold than any other country
- Largest fish market in world selling 5 million lbs. daily.
- Flag - "Land of the Rising Sun"

Won ton Soup

Honor Week 4

Make won ton noodle filling in food processor:

4 oz. turkey or chicken
2 tbsp. green onions
2 tsp. soy sauce
2 garlic cloves

Make soup in big pot and sauté: 2 tsp. olive oil,
 $\frac{1}{4}$ cu. diced carrots, and $\frac{1}{4}$ cu. green onions.

Add to soup and bring to a boil:

2 tbsp rice vinegar
1 tsp. minced garlic
1 tsp. minced ginger
 $\frac{1}{4}$ tsp. each of salt and pepper
6 bouillon cubes

Won Ton Soup (cont'd 2)

Honor Week 4

Make 16 won ton noodle/dumpling:

Moisten all 4 of the edges of one won ton wrap, fill center with 1 tsp. of the filling, fold in $\frac{1}{2}$ and seal.

Place on a cookies sheet sprinkled with cornstarch and covered with a damp cloth.

Keep all other wraps covered with damp cloth until used.

Add won tons to soup and simmer 6 min.

Stir in 2 cups sliced fresh spinach and 14 oz. canned, diced tomatoes and serve. Serves 8.

Activities (cont'd 2)

Orderliness Week 2

Tuesday

Create Japanese kimono and full Japanese costume.

Boys make a *kammuri* hat to show a man's rank.

Girls make a fan.

Make a *netsuke* and *inro* box for your kimono.

Research silk and how it is made.

Research earthquakes, volcanoes, and tsunamis.

Activities (cont'd 3)

Honor Week 4

Wednesday

Create a Japanese house.

Make a Japanese screen for your house.

Make *tatami* mats for your house.

Create a *tokonoma* for your house.

Use a low table and cushions for eating.

Research how rice is grown and harvested.

Activities (cont'd 4)

Honor Week 4

Thursday

Paint a scroll to hang in your *tokonoma*.

Read about the Mandarin duck.

Learn about the difference between a squid and an octopus.

Read about the *ama* divers and see how long you can hold your breath.

Do wok cooking.

Review chopsticks manners.

Wok Cooking

Honor Week 4

In wok or skillet heat oil over high heat.

Add sliced zucchini, broccoli, carrots, peas, bean sprouts and either shrimp, chicken, or beef and stir fry for 5 min.

Add chopped green onions, a squeeze of lemon, soy sauce and stir for 2 more min.

Remove from heat, add canned pineapple and serve over noodles or rice.

Chop Stick Etiquette

Honor Week 4

- Hold chopsticks towards their end.
- When you are not using your chopsticks or finished eating, lay them down in front of you with tip to left.
- Do not stick chopsticks into food, especially rice. Only at funerals are chopsticks stuck into the rice that is put onto the altar.
- Do not pass food with chopsticks directly to somebody else's chopsticks. Only at funerals are bones of the cremated body given in that way from person to person.
- Do not spear food with your chopsticks.
- Do not point with your chopsticks.
- Do not wave chopsticks around.
- Do not move around plates or bowls with chopsticks.

Activities (cont'd 5)

Honor Week 4

Friday

Celebrate Boys' day.

Make a paper carp.

Make a karate headband.

Visit a karate class.

Explain the difference between judo, kendo, karate, and sumo.

Dress in sumo costume.

Have a sumo wrestling match.

Sumo Information

Honor Week 4

- Weigh 250 to 500 lbs.
- Live in stable with master
- Wear loincloth, long hair topknot
- Circle of hard clay 14' 9"
- Push, slap, trip
- Originally part of Shinto ceremony
- Sprinkle salt on ring to purify
- Loser first out of ring or first to touch anything but feet to floor
- Bout lasts 20 seconds to 2 minutes

Field Trips

Honor Week 4

- **Visit a Martial Arts class.**

Suggestions for Dad

Honor Week 4

- Teach Scripture verse.
- Demonstrate honor by *honoring* your wife with flowers or dinner out this week.
- Help with vocabulary words.
- Take family to a Martial Arts class.

Focus of the Week

Honor Week 4

- Honoring other cultures
- Studying about the people and traditions of Japan
- Learning about the geography of Japan
- Cooking and eating the foods of Japan
- Learning about the Emperor of Japan
- Making Japanese costumes
- Learning about Japanese houses
- Practicing martial arts

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Thanks,
Wade and Jessica Hulcy

Recipes for New Years

Honor Week 4

Green Beans with Sesame Seeds (serves 2)

- Drain and warm large can of whole green beans.
- Fry 1 tbsp. sesame seeds in skillet without oil for 5 minutes continually tossing and using a splatter screen to keep them from popping out.
- Mix and pour over beans:
 - 1 tbsp. sesame seeds
 - $\frac{1}{2}$ tbsp. soy sauce
 - $\frac{1}{2}$ tbsp. sugar

Recipes for New Years

Honor Week 4

Toffee Sweet Potatoes (serves 2)

- Peel and slice $\frac{1}{2}$ lb. sweet potatoes $\frac{3}{4}$ inch slices.
- Boil slices in water 10 min. until beginning to be soft, drain and set aside.
- Fry 1 tbsp. sesame seeds in skillet without oil for 5 min. continually tossing and using a splatter screen to keep them from popping out. Set aside.
- Boil $\frac{1}{3}$ cup sugar and $\frac{1}{4}$ cup water for 7 min. without stirring to make syrup.
- Place cooked sweet potatoes in syrup coating both sides.
- Place on wax paper, sprinkle with sesame seeds, and allow syrup to harden.

Recipes for New Years

Honor Week 4

Sweet Potatoes with Soy Sauce (serves 2)

- Peel and slice 2 sweet potatoes in $\frac{3}{4}$ inch slices.
- Bring sweet potatoes to a boil in enough water to cover them plus $\frac{1}{3}$ cup sugar and reduce heat to simmer 15 min.
- Drain and sprinkle with soy sauce.

Rolled/Sliced Omelette

- Cook a regular omelette with a little sugar added but roll instead of fold the omelette tight like an egg roll, let cool for 7-10 min., and then slice the egg roll in $\frac{3}{4}$ inch pieces for appetizer-size omelettes.

Marinated/Cooked Chicken or Beef

- Serve in small slices wrapped in small lettuce leaves.

Recipes for New Years

Honor Week 4

Rice Balls (serves 2)

1. Cook 1 $\frac{1}{4}$ cup rice in 1 $\frac{2}{3}$ water for 20 min.
2. In sauce pan, cook and continually stir the following until onion is soft:
 - $\frac{1}{2}$ finely chopped onions
 - $\frac{1}{2}$ tbsp. sugar
 - 1 tbsp soy sauce
3. Add $\frac{1}{4}$ cup drained and chopped tuna to the mixture and cook 5 min.
4. Put 2 tbsp. rice in small bowl creating a well with spoon in center.
5. Spoon in 1 tsp. of tuna mix in well and form a ball around it with spoon.

Recipes for New Years

Honor Week 4

Custard (serves 2)

- Preheat oven to 425 degrees.
- Dissolve 1 vegetable or chicken bouillon cube in 1 cup of water.
- Add $\frac{1}{4}$ tbsp sugar and $\frac{1}{2}$ tbsp. soy sauce cooking until sugar dissolves.
- Cool 15 min.
- Crack and beat 2 eggs and then pour into stock and mix.
- Pour into custard or small bowls, place in shallow roasting pan filled $\frac{1}{2}$ up with hot water and cover with foil.
- Cook custard for 30 min. or until mixture is set.

Recipes for New Years

Honor Week 4

Grilled Tofu (serves 2)

1. Cut 1/3 lb. tofu into 8 $\frac{1}{2}$ inch thick rectangular pieces.
2. Mix and marinate the tofu for 1 hour in:
 - 1 tbsp. soy sauce
 - 1 tbsp. sugar
 - 1 tbsp. lemon juice
3. Fry 1 tbsp. sesame seeds in skillet without oil for 5 min. continually tossing and using a splatter screen to keep them from popping out. Set aside.
4. Skew marinated tofu on skewer. But first, soak metal skewers in water for 10 min. before skewing the tofu to keep the skewer from burning under the broiler.
5. Place skewed tofu on a greased cookie sheet and broil for 3 min. on each side.
6. Sprinkle with tossed sesame seeds and dip in soy sauce to nibble.

Recipes for New Years

Honor Week 4

Sushi

Recipes for New Years

Honor Week 4

Grilled Zucchini with Ginger (serves 2)

- Cut the ends off 2 zucchini and cut lengthwise.
- Broil zucchini on cookie sheet skin-side down for 5 min. and then skin-side up for 5 min.
- Peel and grate 1 inch piece of fresh ginger.
- In sauce pan simmer 5 min.:
 - $\frac{1}{4}$ cup water
 - $\frac{1}{2}$ bouillon cube
 - 1 tbsp. soy sauce
 - $\frac{1}{2}$ tbsp. sugar
- Pour sauce over zucchini and sprinkle with ginger.